

I have always been manipulated by words that I see online. Many times when I read something off of social media titled “Everyday things you have been doing wrong” even though in my mind I call it all bs. I would unconsciously believe it. An example would be that eating bananas and milk together is actually bad for you. How both of the have a different breakdown time in ones stomach and it can be harmful to ones body. Even though many people eat bananas and milk together, and nothing seems to go wrong. I still believe what I see on the internet without questioning it. From all the fake news spread across the media, probably none of them are confirmed or are bias. I never really cared much to look into it to confirm if the source was reliable or not. Nowadays many people take everything they see online as fact because that is our only source of information. No one goes into the library anymore to gather information but instead from social media. Even when researching we gather information from unreliable sources such as Wikipedia or reddit. Simply a google search and whichever link pops up first we will take it as fact because it is so easily accessible and featured on the front page first link.